

# Spin dynamics of ${}^3\text{He-B}$ with dissipation for the general spin-orbital configurations

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The spatially homogeneous spin dynamics of the superfluid  ${}^3\text{He-B}$  with dissipation is considered for the general spin-orbital configurations. It is demonstrated that the possibility of new coherent spin-precessing modes appears explicitly in the equations of motion describing the relaxation of the spin variables towards various attractors (resonance states) found previously as the stationary solutions and observed experimentally.

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1. The order parameter rigidity of the superfluid phases of liquid  ${}^3\text{He}$  gives life to a number of the long-lived excitations at the background of the Cooper pair condensate. Among them a great importance, since the discovery of ultralow-temperature ordered states of  ${}^3\text{He}$ , has been attributed to the investigation of the coherent spin dynamics. A crucial role here is played by a weak spin-orbital coupling stemming from the dipole-dipole interaction between nuclear magnetic moments of  ${}^3\text{He}$  atoms. In the ordered (superfluid) states the dipole-dipole potential  $U_D$  lifts the spin-orbital degeneracy and stabilizes the appropriate equilibrium or dynamical spin-orbital configurations of  ${}^3\text{He-A}$  and  ${}^3\text{He-B}$ .

The spin dynamics of the superfluid phases of  ${}^3\text{He}$  is a coupled motion of the nuclear magnetization  $\mathbf{M} = g\mathbf{S}$  and the spin part of the order parameter. In the dissipationless approach a starting point is the Leggett Hamiltonian (in what follows we consider a spatially homogeneous spin dynamics)

$$\mathcal{H}_L = \frac{1}{2\chi} \mathbf{M}^2 - \mathbf{M}\mathbf{H}_0 + U_D = \frac{g^2}{2\chi} \mathbf{S}^2 - \omega_0 S_z + U_D, \quad (1)$$

where  $\chi$  is the magnetic susceptibility, an external magnetic field  $\mathbf{H}_0 = -H_0\mathbf{z}$  and the Larmor frequency  $\omega_0 = gH_0$ . The order parameter here enters through the dipole-dipole potential  $U_D$  and introduces the characteristic features of superfluid phases. Below we concentrate on the properties of

the spin-precessing modes of  ${}^3\text{He-B}$ . For the  $B$  phase

$$U_D = \frac{2}{15} \chi_B \left( \frac{\Omega_B}{g} \right)^2 \left( \text{Tr} \hat{R} - \frac{1}{2} \right)^2, \quad (2)$$

where  $\Omega_B$  is the frequency of the longitudinal NMR and the orthogonal matrix  $\hat{R}$  is the  $B$ -phase order parameter describing  $3D$  relative rotations of the spin and orbital degrees of freedom. Introducing the triples of Euler angles  $(\alpha_S, \beta_S, \gamma_S)$  and  $(\alpha_L, \beta_L, \gamma_L)$  describing  $3D$  rotations in the spin and orbital spaces, respectively, it can be shown that

$$\begin{aligned} \text{Tr} \hat{R} &= s_z l_z + \frac{1}{2} (1 + s_z) (1 + l_z) \cos(\alpha + \gamma) + \\ &+ \frac{1}{2} (1 - s_z) (1 - l_z) \cos(\alpha - \gamma) + \\ &+ \sqrt{(1 - s_z^2)(1 - l_z^2)} (\cos \alpha + \cos \gamma), \end{aligned} \quad (3)$$

where  $s_z = \cos \beta_S$ ,  $l_z = \cos \beta_L$ ,  $\alpha = \alpha_S - \alpha_L$  and  $\gamma = \gamma_S - \gamma_L$ .

In the strong magnetic field case ( $\omega_0 \gg \Omega_B$ ) the spin dynamics is governed by a set of the Hamilton equations for two pairs of the conjugate variables  $(S_z, \alpha)$  and  $(S, \gamma)$  with  $S$  being the magnitude of  $\mathbf{S}$ . According to Eq. (1) this set of equations reads as

$$\dot{S}_z = -\frac{\partial U_D}{\partial \alpha}, \quad \dot{\alpha} = -\omega_0 + \frac{\partial U_D}{\partial S_z}; \quad (4)$$

$$\dot{S} = -\frac{\partial U_D}{\partial \gamma}, \quad \dot{\gamma} = (S/S_0) \omega_0 + \frac{\partial U_D}{\partial S}; \quad (5)$$

where  $S_0 = \chi \omega_0 / g^2$  (the magnitude of equilibrium magnetization  $M_0 = g S_0$ ).

The angle  $\alpha$  is a fast variable in the sense that  $|\dot{\alpha}| \gg \Omega_B$  and the same is true for  $\gamma$  (except the case with  $S \ll S_0$  which we do not consider here). On the other hand, the combination  $\Phi = \alpha + (S_0/S)\gamma$  is a slow variable. The significance of this resonance becomes clear when considering the structure of the dipole-dipole potential  $U_D$ . Inserting Eq. (3) into Eq. (2) we conclude that

$$U_D/S_0 \omega_0 = \varepsilon f(s_z, l_z, \alpha, \gamma) = \varepsilon \sum_{kl} f_{kl}(s_z, l_z) e^{i(k\alpha + l\gamma)}, \quad (6)$$

where  $\varepsilon \propto (\Omega_B/\omega_0)^2$ .

Assuming that  $\varepsilon = 1/10(\Omega_B/\omega_0)^2$ , it follows from Eqs. (2) and (3) that  $f_{kl} = f_{lk} = f_{-l-k}$  for the  $B$  phase and the non-zero coefficients are given as:

$$f_{00} = 1 + 2s_z^2 l_z^2 + (1 - s_z^2)(1 - l_z^2),$$

$$f_{10} = 2s_z l_z \sqrt{1 - s_z^2} \sqrt{1 - l_z^2},$$

$$f_{20} = \frac{1}{2}(1 - s_z^2)(1 - l_z^2),$$

$$f_{1\pm 1} = \frac{1}{3}(1 \pm s_z)(1 \pm l_z)(1 \mp 2s_z)(1 \mp 2l_z), \quad (7)$$

$$f_{1\pm 2} = \frac{1}{3}(1 \pm s_z)(1 \pm l_z) \sqrt{1 - s_z^2} \sqrt{1 - l_z^2},$$

$$f_{2\pm 2} = \frac{1}{12}(1 \pm s_z)^2(1 \pm l_z)^2.$$

It is easily verified that at  $l_z = 1$ , which corresponds to an equilibrium orbital state of  $^3\text{He-B}$  (the so called Leggett configuration),  $f_{kl}$  are nonzero only for  $k = l = 0, \pm 1, \pm 2$ . This means that for an orbital state with  $l_z = 1$  the dipole-dipole potential depends only on the combination  $\Phi = \alpha + \gamma$  and, as we have seen, it is a slow variable at  $S \simeq S_0$ . This well known resonance is operative even at  $l_z \neq 1$  because all other linear combinations of  $\alpha$  and  $\gamma$  are fast variables at  $S = S_0$  for the strong-field case ( $\varepsilon \ll 1$ ) and they disappear on the average. The conventional spin dynamics at  $S \simeq S_0$  has been explored thoroughly in the past [1,2].

On the other hand, at  $l_z \neq 1$  (non-Leggett orbital configuration) an unconventional spin dynamics is also possible since a new resonance regime can develop. Indeed, an inspection of the coefficients  $f_{kl}$  shows that a new combination  $\Phi = \alpha + 2\gamma$  appears in the expression for  $U_D$  which turns out to be a slow variable at a special value of  $S = S_0/2$  (another resonance at  $S = 2S_0$  is also possible). This has been noticed in Ref. 3 (for more details see Ref. 4) and the corresponding experimental investigations were undertaken recently [5,6].

The stationary solutions for  $s_z$ ,  $l_z$  and  $\Phi$  corresponding to the particular coherent spin-precessing modes at the fixed resonance values of  $S$  are found by minimizing the time-averaged dipole-dipole potential  $\overline{U_D}$  (the Van der Pol picture). On the other hand, in order to explore the time evolution of  $S$  starting from some initial value, and to find out the routes leading to the mentioned resonance regimes, a full description of the spin dynamics, including the dissipation effects, is necessary. In what follows a theoretical background for the analysis of the relaxation processes in the spin dynamics of  $^3\text{He-B}$  will be presented. It is a direct generalization of the approach adopted in Ref. 7 and allows us to consider the case of the non-Leggett orbital configurations. It should be noted that using the computer simulation programs (like a package elaborated by A. A. Leman) the spin dynamics including the Leggett-Takagi dissipation mechanism can be explored quite efficiently. At the same time, an analytical approach has the merits of its own and gives, as we shall see, a transparent insight into the essence of the problem.

2. A standard procedure of incorporating the relaxation processes into the homogeneous spin dynamics is based on the introduction of a dissipative function

$$\mathcal{F}_d = \frac{1}{2} \kappa (\dot{\mathbf{S}} - g\mathbf{S} \times \mathbf{H}_0)^2 =$$

$$= \frac{1}{2} \kappa \left[ \frac{S^2}{S^2 - S_z^2} (\dot{S}^2 + \dot{S}_z^2 - 2\frac{S_z}{S} \dot{S} \dot{S}_z) + (S^2 - S_z^2) (\dot{\alpha} + \omega_0)^2 \right], \quad (8)$$

where  $\kappa$  will be considered as a phenomenological coefficient [7].

During the time interval  $\delta t$  the energy of a dissipative system changes by

$$\begin{aligned} \delta E = -2\mathcal{F}_d \delta t = \kappa & \left[ \frac{S^2}{S^2 - S_z^2} \left( \frac{\partial U_D}{\partial \gamma} - \frac{S_z}{S} \frac{\partial U_D}{\partial \alpha} \right) \delta S + \right. \\ & + \frac{S^2}{S^2 - S_z^2} \left( \frac{\partial U_D}{\partial \alpha} - \frac{S_z}{S} \frac{\partial U_D}{\partial \gamma} \right) \delta S_z + \\ & \left. + (S^2 - S_z^2) \frac{1}{\omega_0} \left( \frac{\partial U_D}{\partial S_z} \right)^2 \delta \alpha \right]. \end{aligned} \quad (9)$$

This last relation allows to pass from the Hamiltonian Eqs. (4) and (5) to a set of equations for the spin dynamics with dissipation (from now on the time is measured in units of  $1/\omega_0$  and  $(S_z, S)$  in units of  $S_0$ ):

$$\dot{S}_z = \varepsilon X_z, \quad \dot{\alpha} = -1 + \varepsilon Y_\alpha, \quad (10)$$

$$\dot{S} = \varepsilon X_S, \quad \dot{\gamma} = S + \varepsilon Y_\gamma, \quad (11)$$

where

$$X_z(S_z, S, \alpha, \gamma | \varepsilon) = -\frac{\partial f}{\partial \alpha} + \varepsilon \kappa (S^2 - S_z^2) \left( \frac{\partial f}{\partial S_z} \right)^2, \quad (12)$$

$$X_S(S_z, S, \alpha, \gamma) = -\frac{\partial f}{\partial \gamma}, \quad (13)$$

$$Y_\alpha(S_z, S, \alpha, \gamma) = \frac{\partial f}{\partial S_z} - \frac{\kappa S^2}{S^2 - S_z^2} \left( \frac{\partial f}{\partial \alpha} - \frac{S_z}{S} \frac{\partial f}{\partial \gamma} \right), \quad (14)$$

$$Y_\gamma(S_z, S, \alpha, \gamma) = \frac{\partial f}{\partial S} - \frac{\kappa S^2}{S^2 - S_z^2} \left( \frac{\partial f}{\partial \gamma} - \frac{S_z}{S} \frac{\partial f}{\partial \alpha} \right). \quad (15)$$

Since  $\varepsilon \ll 1$  a well-known procedure of separating of the slow  $(S_z, S)$  and the fast  $(\alpha, \gamma)$  motions can be applied [8] to solve Eqs. (10) and (11). Although the main points are described in Ref. 7, here we show the principle steps for completeness.

Passing to the new variables  $\bar{S}_z, \bar{S}, \bar{\alpha}$  and  $\bar{\gamma}$  according to the prescription

$$\begin{aligned} S_z &= \bar{S}_z + \varepsilon u_z + \varepsilon^2 v_z + \dots, \\ S &= \bar{S} + \varepsilon u_S + \varepsilon^2 v_S + \dots, \\ \alpha &= \bar{\alpha} + \varepsilon u_\alpha + \varepsilon^2 v_\alpha + \dots, \\ \gamma &= \bar{\gamma} + \varepsilon u_\gamma + \varepsilon^2 v_\gamma + \dots, \end{aligned} \quad (16)$$

where  $u_i = u_i(\bar{S}_z, \bar{S}, \bar{\alpha}, \bar{\gamma})$  and  $v_i = v_i(\bar{S}_z, \bar{S}, \bar{\alpha}, \bar{\gamma})$ , and adopting that the new variables are subject to a set of equations

$$\begin{aligned} \dot{\bar{S}}_z &= \varepsilon A_z + \varepsilon^2 B_z + \dots, \\ \dot{\bar{S}} &= \varepsilon A_S + \varepsilon^2 B_S + \dots, \end{aligned} \quad (17)$$

$$\dot{\bar{\alpha}} = -1 + \varepsilon A_\alpha + \varepsilon^2 B_\alpha + \dots,$$

$$\dot{\bar{\gamma}} = \bar{S} + \varepsilon A_\gamma + \varepsilon^2 B_\gamma + \dots,$$

with  $A_i = A_i(\bar{S}_z, \bar{S})$  and  $B_i = B_i(\bar{S}_z, \bar{S})$ , we arrive at the equations for yet unknown functions  $u_i$ , and  $v_i$ :

$$-\frac{\partial u_i}{\partial \alpha} + \bar{S} \frac{\partial u_i}{\partial \gamma} = g_i - A_i, \quad (18)$$

$$-\frac{\partial v_i}{\partial \alpha} + \bar{S} \frac{\partial v_i}{\partial \gamma} = h_i - B_i. \quad (19)$$

In Eqs. (18), in describing the first order effects in  $\varepsilon$ , the functions  $g_i$  are given as follows:

$$g_z = X_z(\bar{S}_z, \bar{S}, \bar{\alpha}, \bar{\gamma} | 0),$$

$$g_S = X_S(\bar{S}_z, \bar{S}, \bar{\alpha}, \bar{\gamma}), \quad (20)$$

$$g_\alpha = Y_\alpha(\bar{S}_z, \bar{S}, \bar{\alpha}, \bar{\gamma}),$$

$$g_\gamma = X_\gamma(\bar{S}_z, \bar{S}, \bar{\alpha}, \bar{\gamma}) + u_S(\bar{S}_z, \bar{S}, \bar{\alpha}, \bar{\gamma}).$$

The second order effects in  $\varepsilon$  are governed by Eqs. (19) and the functions  $h_i$  contain derivatives of  $X_i$  and  $Y_i$ , with respect to  $\bar{S}_z, \bar{S}, \bar{\alpha}, \bar{\gamma}$  and  $\varepsilon$  (calculated at  $\varepsilon = 0$ ). In particular

$$\begin{aligned} h_z &= \frac{\partial X_z}{\partial \bar{S}_z} u_z + \frac{\partial X_z}{\partial \bar{S}} u_S + \frac{\partial X_z}{\partial \bar{\alpha}} u_\alpha + \frac{\partial X_z}{\partial \bar{\gamma}} u_\gamma + \frac{\partial X_z}{\partial \varepsilon} - \\ & - \left( A_z \frac{\partial u_z}{\partial \bar{S}_z} + A_S \frac{\partial u_z}{\partial \bar{S}} + A_\alpha \frac{\partial u_z}{\partial \bar{\alpha}} + A_\gamma \frac{\partial u_z}{\partial \bar{\gamma}} \right). \end{aligned} \quad (21)$$

The other  $h_i$  have the similar structure. According to Eqs. (12)–(15) and (6) the functions  $g_i$  are periodic in  $\alpha$  and  $\gamma$ :

$$g_i = \sum_{kl} g_{kl}^{(i)}(\bar{S}_z, \bar{S}) e^{i(k\bar{\alpha} + l\bar{\gamma})}, \quad (22)$$

and the bounded solutions of Eqs. (18) are given as

$$u_i = i \sum_{kl}' \frac{g_{kl}^{(i)}}{k - \bar{S}l} e^{i(k\bar{\alpha} + l\bar{\gamma})}, \quad (23)$$

$$A_i = g_{00}^{(i)}(\bar{S}_z, \bar{S}),$$

where a prime in the summation over  $k$  and  $l$  excludes the contribution of  $k = l = 0$ . In a similar way can be found the solutions of Eqs. (19).

Performing the above-mentioned procedure it can be established that

$$A_z = A_S = 0, \quad A_\alpha = \frac{\partial f_{00}}{\partial \bar{S}_z}, \quad A_\gamma = \frac{\partial f_{00}}{\partial \bar{S}}, \quad (24)$$

$$B_z = h_{00}^{(z)}, \quad B_S = h_{00}^{(S)}.$$

After having calculated  $h_{00}^{(S)}$  it can be shown that

$$\dot{\bar{S}} = \varepsilon^2 B_S = \frac{\varepsilon^2 \kappa}{1 - s_z^2} \sum_{kl} \frac{l}{k - \bar{S}l} (k^2 + l^2 - 2s_z kl) f_{kl}^2, \quad (25)$$

where only the dissipative contribution to  $B_S$  is retained. In a similar way it is concluded that

$$\begin{aligned} \dot{\bar{S}}_z = \varepsilon^2 B_z = \frac{\varepsilon^2 \kappa}{1 - s_z^2} \sum_{kl} \frac{k}{k - \bar{S}l} (k^2 + l^2 - 2s_z kl) f_{kl}^2 + \\ + \varepsilon^2 \kappa (1 - s_z^2) \sum_{kl} \left( \frac{\partial f_{kl}}{\partial s_z} \right)^2. \end{aligned} \quad (26)$$

In Ref. 7 the set of Eqs. (25) and (26) has been used to explore the dissipative processes in the superfluid  $A$  and  $B$  phases for the special orbital states, the Leggett configurations. For  ${}^3\text{He-B}$ , which we consider here, this corresponds to  $l_z = 1$ . At  $l_z = 1$  only the components with  $l = k = \pm 1, \pm 2$  contribute to the r.h.s. of Eqs. (25) and (26) and, as mentioned in Ref. 7, irrespective of the initial conditions,  $\bar{S}$  is attracted to the resonance value  $\bar{S} = 1$ .

For a non-Leggett orbital configuration (with  $l_z \neq 1$ ) the new possibilities appear. For the general spin-orbital configurations Eq. (25) can be put in the following form:

$$\dot{\bar{S}} = - \frac{2\varepsilon^2 \kappa}{1 - s_z^2} \left[ \frac{1}{\bar{S}} (f_{10}^2 + 4f_{20}^2) + \right.$$

$$\begin{aligned} + 2 \frac{1 - s_z}{\bar{S} - 1} (f_{11}^2 + 4f_{22}^2) + \left( \frac{5 - 4s_z}{\bar{S} - 1/2} + \frac{5 - 4s_z}{\bar{S} - 2} \right) f_{12}^2 + \\ \left. + 2 \frac{1 + s_z}{\bar{S} + 1} (f_{1-1}^2 + 4f_{2-2}^2) + \left( \frac{5 + 4s_z}{\bar{S} + 1/2} + \frac{5 + 4s_z}{\bar{S} + 2} \right) f_{1-2}^2 \right]. \end{aligned} \quad (27)$$

Here (and below)  $s_z = \bar{S}_z / \bar{S}$ . By using Eq. (26) it can be shown that

$$\begin{aligned} \dot{\bar{S}}_z = \varepsilon^2 \kappa \left\{ \frac{1}{1 - s_z^2} \left[ 2 (f_{10}^2 + 4f_{20}^2) - \right. \right. \\ - 4 \frac{1 - s_z}{\bar{S} - 1} (f_{11}^2 + 4f_{22}^2) - \left( \frac{5 - 4s_z}{\bar{S} - 1/2} + 4 \frac{5 - 4s_z}{\bar{S} - 2} \right) f_{12}^2 + \\ \left. + 4 \frac{1 + s_z}{\bar{S} + 1} (f_{1-1}^2 + 4f_{2-2}^2) + \left( \frac{5 + 4s_z}{\bar{S} + 1/2} + 4 \frac{5 + 4s_z}{\bar{S} + 2} \right) f_{1-2}^2 \right] + \\ \left. + (1 - s_z^2) \sum_{kl} \left( \frac{\partial f_{kl}}{\partial s_z} \right)^2 \right\}. \end{aligned} \quad (28)$$

From the set of Eqs. (27) and (28) it is seen that, along with a conventional resonance at  $\bar{S} = 1$ , the new resonances at  $\bar{S} = (1/2, 2)$  intervene for the case with  $f_{12} \neq 0$ . It should be kept in mind that, according to their derivation procedure, Eqs. (27) and (28) are applicable not too close to the mentioned resonance values of  $S$ , but the general tendencies of the various relaxation scenarios, leading to the attractors at  $\bar{S} = (1, 1/2, 2)$ , can still be established.

As an illustration of the content of Eq. (27) we shall consider a non-Leggett orbital state with  $l_z = 0$ . One can fix this orbital configuration by applying sufficiently strong superfluid counterflow in the transverse direction with respect to the magnetic field. Such a possibility is realized, in particular, in the rotating cryostat in the vortex-free region [9]. From Eq. (27) it is found that at  $l_z = 0$  and  $s_z \rightarrow 1$   $\bar{S}$  is evolving according to the equation

$$\dot{\bar{S}} = - \frac{32}{9} \varepsilon^2 \kappa \frac{(\bar{S} - S_+)(\bar{S} - S_-)}{(\bar{S} - 1)(\bar{S} - 1/2)(\bar{S} - 2)}, \quad (29)$$

where  $S_\pm = (19 \pm \sqrt{73})/16$ . From Eq. (29) it is immediately concluded that  $\bar{S}$  is tending to its resonance value  $\bar{S} = 1$  if initially  $\bar{S}$  is confined to an

interval  $S_- < \bar{S} < S_+$ . On the other hand,  $\bar{S}$  is attracted to  $1/2$  if  $\bar{S} < S_-$ , and  $\bar{S}$  approaches 2 for  $\bar{S} > S_+$ . These conclusions, although rather qualitative, contain interesting hints. More detailed analysis of the solutions of the set of Eqs. (27) and (28) will be given elsewhere.

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